

# THE SUNDAY SUPPLEMENT

15<sup>th</sup> August 2021 – The Eleventh Sunday after Trinity (Proper 15) - BVM

## NOTICES

### This Week

**Wednesday 11.30am** – Midweek Communion at Holy Innocents, Broughton Mills, followed by refreshments. Led by Alex and Chris this week.

**Thursday 9.00am** – (Anglican) Coffee at Broughton Methodist Church, open to all.

**Thursday 10.00am** – Bible study. All welcome, meeting at Broughton Methodist church. Drivers come from across our two parishes and from further afield, so please ask if you need a lift. Give it a try this week!



Charlotte and Stephen will be on annual leave after the services this Sunday, returning in time for services on 29<sup>th</sup> August. Alex and Chris are kindly covering the two Wednesday services. On 22<sup>nd</sup> August, our lay teams at Broughton and Woodland will deliver the 11am and 6pm services and, at Kirkby, Revd David Bickersteth has kindly agreed to take the 9.30am.

Don't forget that there is a fifth Sunday this month, so there will be a service of Evening Prayer at Seathwaite at 6pm on 29<sup>th</sup>. Please put it in your diary.

### Agricultural chaplaincy



Cumbria Agricultural Chaplaincy is looking for a chaplain to cover Broughton Mart. The post does not require an ordained minister, or a background in farming. The chaplaincy aims to provide a sympathetic listening ear, with a

Christian perspective. This is a great opportunity to bring the love and service of Christ into a significant part of our local community. Please speak to Stephen if you are interested, or know someone who might be able to do this.

### Authorised lay ministry training

Here in Cumbria we are fortunate to have a significant programme of training for authorised lay ministry of all kinds, "ALTP". The programme is restarting, post-pandemic, in September, and there are places available. The time commitment is spread over a period and the emphasis is on making the training accessible to people who have many other commitments to manage.

<https://www.godforall.org.uk/god-for-all-team/lay-training/>

### Heritage Day at Ulverston Parish Church

Saturday 18<sup>th</sup> September – 10am to 5pm

Heritage Open Days is England's largest festival of history and culture, bringing people together across the country to explore their community, heritage and history. For one day only, UPC is offering a chance to immerse ourselves in the year 1866, when the church was last renovated.



There will be interactive displays; a chance to try some virtual bellringing; watch a stonemason at work and try it yourself; assemble stained glass; or try your hand at manuscript illumination and more! Young explorers can follow the children's discovery trail, learn how to tie knots or tackle a variety of craft activities. Don't forget to soak up the atmosphere by taking the opportunity to dress in Victorian costumes to fit all the family!

There will be 30-minute talks by experts in stained glass, church stonemasonry, illuminated lettering, local ships and shipbuilders, and traditional lime mortar.

### Scarecrow assistance

Please – Stephen would really appreciate help in creating a scarecrow to show that we are taking a serious part in encouraging the greening initiative in Broughton.



### Looking forward - Taizé

We will aim to restart Taizé services in September (Kirkby, 3<sup>rd</sup> Sunday) if the Covid situation makes this an appropriate course.

# READINGS AND PRAYERS

## Collect

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

## Proverbs 9:1-6

*A reading from the Book of Proverbs.*

Wisdom has built her house,  
she has hewn her seven pillars.  
<sup>2</sup> She has slaughtered her animals,  
she has mixed her wine,  
she has also set her table.  
<sup>3</sup> She has sent out her servant-girls, she calls  
from the highest places in the town,  
<sup>4</sup> 'You that are simple, turn in here!'  
To those without sense she says,  
<sup>5</sup> 'Come, eat of my bread  
and drink of the wine I have mixed.  
<sup>6</sup> Lay aside immaturity, and live,  
and walk in the way of insight.'

*This is the Word of the Lord. Thanks be to God.*

## Psalms 34:9-14

<sup>9</sup> O fear the Lord, you his holy ones,  
for those who fear him have no want.  
<sup>10</sup> The young lions suffer want and hunger,  
but those who seek the Lord lack no good thing.  
<sup>11</sup> Come, O children, listen to me;  
I will teach you the fear of the Lord.  
<sup>12</sup> Which of you desires life,  
and covets many days to enjoy good?  
<sup>13</sup> Keep your tongue from evil,  
and your lips from speaking deceit.  
<sup>14</sup> Depart from evil, and do good;  
seek peace, and pursue it.

## Ephesians 5:15-20

*A reading from the letter to the church in Ephesus.*

<sup>15</sup> Be careful then how you live, not as unwise people but as wise, <sup>16</sup> making the most of the time, because the days are evil. <sup>17</sup> So do not be foolish, but understand what the will of the Lord is. <sup>18</sup> Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, <sup>19</sup> as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, <sup>20</sup> giving thanks to

God the Father at all times and for everything in the name of our Lord Jesus Christ.

*This is the Word of the Lord. Thanks be to God.*

## John 6:51-58

*Hear the Gospel of our Lord Jesus Christ, according to St John. Glory to you, O Lord.*

<sup>51</sup> I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

<sup>52</sup> The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' <sup>53</sup> So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. <sup>54</sup> Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; <sup>55</sup> for my flesh is true food and my blood is true drink. <sup>56</sup> Those who eat my flesh and drink my blood abide in me, and I in them. <sup>57</sup> Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. <sup>58</sup> This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

*This is the Gospel of the Lord. Praise to you O Christ.*

## Prayer after Communion

Lord of all mercy,  
we your faithful people have celebrated  
that one true sacrifice  
which takes away our sins  
and brings pardon and peace:  
by our communion  
keep us firm on the foundation of the gospel  
and preserve us from all sin;  
through Jesus Christ our Lord.

## FEAST OF THE BLESSED VIRGIN MARY

Isaiah 61:10-end

Psalms 45:10-end

Galatians 4:4-7

Luke 1:46-55

Almighty God, who looked upon the lowliness of the Blessed Virgin Mary and chose her to be the mother of your only Son: grant that we who are redeemed by his blood may share with her in the glory of your eternal kingdom; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.